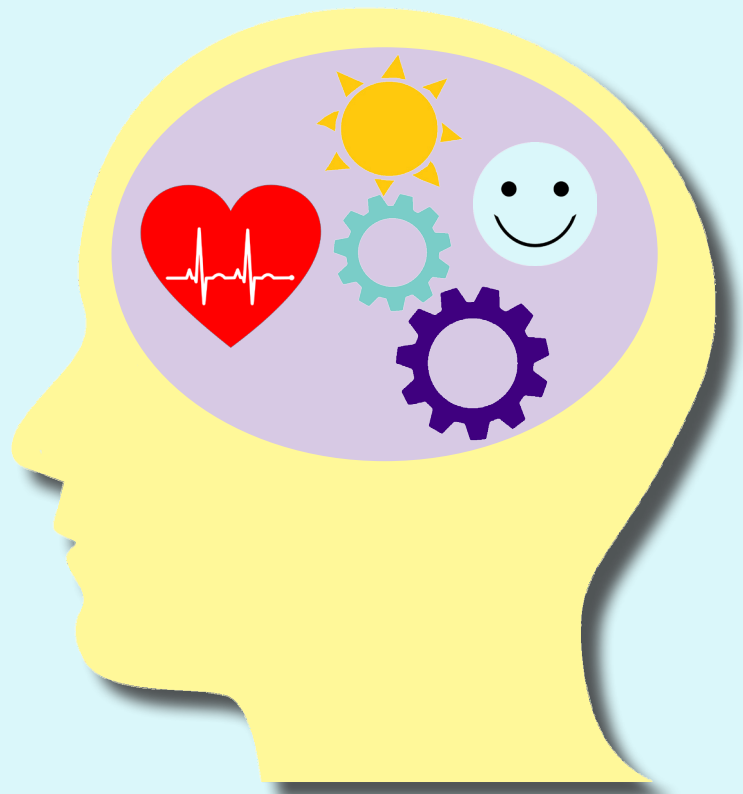


# Free accessible mind, body and soul event



at The Emmanuel Centre,  
Harrier Lane, Battle, TN33 0FL  
**Wednesday 12th September 2018**  
**11am - 2pm**



Refreshments

• Information and support



Health Checks

• Relaxation techniques



Legal Advice

• Volunteer opportunities

If you require assistance with transport please call  
01424 787866 or email: [debbie.peters@rother.gov.uk](mailto:debbie.peters@rother.gov.uk)

